

Star SCOOP

Hollywood gossip, hot off the presses



SORRY, NOT SORRY

Flooding fans with a series of sexy snaps from her vacation in Bora Bora, the “Sober” singer joked, “I’m sorry in advance.”



INSTAGRAM/@DDLOVATO(3)

Demi Lovato: HEALTHIER AND HAPPIER THAN EVER



THE SINGER HAS A NEWFOUND CONFIDENCE,
AND IT'S CERTAINLY SHOWING.

COOL for the Summer, indeed. As the one-year mark since **Demi Lovato's** near-fatal drug overdose approaches, the sober 26-year-old star is showing fans that light does, in fact, emerge from the dark.

The singer, who's openly struggled with eating disorders and addictions to both cocaine and alcohol, has been prioritizing her well-being — and recently celebrated her good health with a getaway to Bora Bora.

Sharing snaps of herself on Instagram looking tanned and toned in a sexy bikini, she wrote: “Reality is I’m sitting

at the gym post jiu jitsu feeling high on life and drinking my post workout shake. I’m sweaty and not looking this glamorous right now but f**k I feel awesome and posting this feels empowering.”

In the wake of her frightening relapse last July, Demi has taken all the right steps on the road to recovery. “She’s got a positive attitude and is surrounding herself with people who’ll reinforce that,” a source tells *Star*. “She’s in a better place, emotionally and physically.”

Demi’s also loving the way she looks. “She’s eating healthy food and doesn’t

berate herself the way she used to,” dishes the insider, who says she’s learned to ignore what she calls “negative diet culture talk” and embrace her body.

Adds the source: “She’s not blaming herself for relapsing, either. She knows that the important thing is, she got the help she needed.” How’s *that* for a comeback? ★