

Hollywood gossip, hot off the press

WHEN Jennifer Aniston arrived at the L.A. premiere of her new Netflix film, *Murder Mystery*, in a sleeveless (and stunning!) Celine by Hedi Slimane leather minidress, the glowing A-list actress seemed carefree and at ease. Divorced twice before 50 years old, Jen is excited to embark on a new chapter, a source tells *Star* — and this time, she's determined to get it right.

"Jen's looking for love again, but now she has ground rules," reveals the insider of Jen, whose four-and-a-half-year union with **Brad Pitt** ended when he left her for **Angelina Jolie**, and whose marriage to **Justin Theroux** barely made two years. "No more going with her heart and instincts alone. If a guy says, 'I'm still finding myself,' she's running."

To ensure she stays on track, the source says, the former *Friends* star has signed up for therapy to professionally work through her past. "It's a very grown-up move, one she's been needing to do," says a pal. "A big part of her ongoing sessions is going back over her life's decisions, making amends where necessary and then letting it go. Jen has been doing a soul-searching look into her past relationships and why she did what she did. And she's finally putting it to rest, without placing any blame on herself or anyone else. It's been a life-changing experience for her."

But it seems like Jen puts it best herself. Looking back on the ups and downs of her personal life, she advises: "Don't worry so much. Try not to care what people think," adding: "Just wait 'til you're 50. It's going to be amazing." ★

Jennifer Aniston:

STARTING OVER AT 50

WITH TWO FAILED MARRIAGES BEHIND HER, THE ACTRESS IS LOOKING FORWARD TO WHAT'S AHEAD — AND IS HAPPIER THAN EVER.